

Implant Post-Op Instructions

- **Ice Pack:**

Apply ice directly to face (alternating 15 minutes on, 15 minutes off, continuing this for the first day). Ice will decrease the swelling and pain.

- **Pain:**

Please note: Some pain, swelling and discomfort is normal after surgery and will occur.

Take medications as directed when needed:

800 mg Ibuprofen, every 6 hours, no more than 4 times a day.

OR

2 extra strength (500mg) Tylenol, every 6 hours, no more than 8 per day.

- **Bleeding:**

Bleeding can normally be controlled by placing gauze around the surgery site by biting down or using firm pressure for 15-25 minutes. If bleeding cannot be controlled call our office.

- **Teeth Brushing:**

Brush your teeth normally, avoiding the surgical site for the next 10-14 days.

IMPORTANT: Don't EVER use a WaterPik around your implant, even after completely healing.

- **Diet:**

You may eat normally when the numbness wears off. Avoid chewing near the surgical site. You are advised to chew on the opposite side. **Do not eat hard crunchy foods directly on implant during the duration of healing. It could cause damage to the implant site.** (I.E. Nuts, Chips, Granola, etc.).

Please note: Following these instructions very closely will greatly help your comfort and promote healing.

If you have any questions or concerns, please call our office at (309)-691-6054.

In case of a dental emergency, call 309-360-8502